



## NUTRITIONAL SUPPLEMENTS

### DIGESTIVE ENZYMES

Brand Name	Composition	Strength	Pack Size
<b>PEPSOL</b>	Amylase	1,400 DU (100 mg)	3 x 10's
<i>Digestive Enzymes</i>	Papain	10,000 TU (100 mg)	
	Lipase	1,250 LU (25 mg)	
	Simethicone	30mg	
<b>PEPSOL FORTE</b>	Amylase	4,200 DU (300 mg)	3 x 10's
<i>Digestive Enzymes</i>	Papain	10,000 TU (100 mg)	
	Lipase	3,750 LU (70 mg)	
	Simethicone	40mg	

### HEPATIC PROTECTORS

Brand Name	Composition	Strength	Pack Size
<b>LIVAFIX</b>	Silymarin	140 mg	3 x 10's
<i>Liver Protector</i>	Vitamin B1 (Thiamine Nitrate)	5 mg	
	Vitamin B2 (Riboflavin)	5 mg	
	Vitamin B3 (Nicotinamide)	25 mg	
	Vitamin B5 (Calcium Pantothenate)	7.5 mg	
	Vitamin B6 (Pyridoxine)	1.5 mg	
	Vitamin B12 (Cyanocobalamin)	5 mcg	

## OSTEOARTHRITIS & RHEUMATIC DISORDERS

Brand Name	Composition	Strength	Pack Size
<b>GLUCART</b>	Glucosamine Sulphate KCl	750 mg	10 x 1 x 10's
<i>Bone &amp; Joint</i>	Calcium Carbonate	250 mg	
	Methyl Sulphonyl Methane	200 mg	
	Vitamin D3 (Colecalciferol)	125 IU	
	Vitamin E (Alpha Tocopheryl Acetate)	4 mg	
	Selenium (Selenium Dioxide)	40 mcg	
<b>EZEFLEX</b>	Glucosamine Sulphate KCl	500 mg	3 x 10's
<i>Joint &amp; Cartilage</i>	Chondroitin Sulphate Sodium	200 mg	
<b>EZEFLEX PLUS</b>	Glucosamine Sulphate KCl	500 mg	3 x 10's
<i>Joint &amp; Cartilage</i>	Chondroitin Sulphate Sodium	400 mg	
<b>EZEFLEX MAX</b>	Glucosamine Sulphate KCl	500 mg	3 x 10's
<i>Joint &amp; Cartilage</i>	Chondroitin Sulphate Sodium	200 mg	
	Methyl Sulphonyl Methane	250 mg	
	Vitamin C (Ascorbic Acid)	30 mg	
	Vitamin E (Alpha Tocopheryl Acetate)	15 mg	
	Manganese	3.5 mg	
	Boron	0.5 mg	
	Selenium	0.04 mg	
	Zinc	5 mg	
	Copper	0.5 mg	
	Curcumin Extract (Turmeric Extract)	15 mg	
<b>ARTICART</b>	Glucosamine Sulphate KCl	1000 mg	3x10's
<i>Joint Supplement</i>			
<b>ZINOCAL</b>	Calcium (Calcium Carbonate)	400 mg	3x10's
<i>Bone Supplement</i>	Magnesium (Heavy Magnesium Oxide)	150 mg	
	Zinc (Zinc Oxide)	5 mg	
	Vitamin D3 (Colecalciferol)	100 IU	

## NEUROLOGY SUPPLEMENTS

Brand Name	Composition	Strength	Pack Size
<b>NUVENTA</b>	Methylcobalamin	750 mcg	3x10's
<i>Neuroprotective &amp; Cardioprotective Supplement</i>	Alpha Lipoic acid	100 mg	
	Inositol	100 mg	
	Sodium Selenite	100 mcg	
	Chromium Picolinate	200 mcg	
	Vitamin E (Alpha Tocopheryl Acetate)	15 IU	
	Vitamin B1 (Thiamine Mononitrate)	2 mg	
	Vitamin B2 (Riboflavin)	3 mg	
	Vitamin B5 (Calcium Pantothenate)	5 mg	
	Vitamin B6 (Pyridoxine)	1.5 mg	
	Vitamin B9 (Folic acid)	500 mcg	
<b>COGNIMAX</b>	Citicoline Tablets	500mg	10's
<i>Cognition Enhancer &amp; Brain Stimulant</i>			

## PREGNANCY & PRENATAL SUPPLEMENTS

Brand Name	Composition	Strength	Pack Size
<b>PREGNAMAX</b>	Vitamin A (Synthetic Retinol Concentrate)	2500 IU	2 x 15's
<i>Maximum Prenatal Protection</i>	Vitamin B1 (Thiamine Nitrate)	3 mg	
	Vitamin B2 (Riboflavin)	2 mg	
	Vitamin B3 (Nicotinamide)	20 mg	
	Vitamin B5 (Calcium Pantothenate)	10 mg	
	Vitamin B6 (Pyridoxine)	10 mg	
	Vitamin B9 (Folic acid)	800 mcg	
	Vitamin B12 (Cyanocobalamin)	8 mcg	
	Vitamin C (Ascorbic Acid)	100 mg	
	Vitamin D3 (Colecalciferol)	400 IU	
	Vitamin E (Alpha Tocopheryl Acetate)	30 IU	
	Vitamin H (Biotin)	30 mcg	
	Vitamin K (Phytonadione)	30 mcg	
	Iron (Ferrous Fumarate)	30 mg	
	Selenium (Sodium Selenite)	25 mcg	
	Calcium (Calcium Carbonate)	125 mg	

	Copper (Copper Oxide)	2 mg	
	Iodine (Potassium Iodide)	150 mcg	
	Magnesium (Heavy Magnesium Oxide)	50 mg	
	Manganese (Manganese Sulphate)	2 mg	
	Chromium (Chromic Chloride)	25 mcg	
	Zinc (Zinc Oxide)	15 mg	
<b>PREGNAPRO</b>	Vitamin A (Synthetic Retinol Concentrate)	2500 IU	3x10's
<i>Prenatal Vitamins &amp; Minerals</i>	Vitamin B1 (Thiamine Nitrate)	3 mg	
	Vitamin B2 (Riboflavin)	2 mg	
	Vitamin B3 (Nicotinamide)	20 mg	
	Vitamin B5 (Calcium Pantothenate)	10 mg	
	Vitamin B6 (Pyridoxine)	10 mg	
	Vitamin B9 (Folic acid)	800 mcg	
	Vitamin B12 (Cyanocobalamin)	8 mcg	
	Vitamin K (Phytonadione)	30 mcg	
	Vitamin D3 (Colecalciferol)	400 IU	
	Iron (Ferrous Fumarate)	30 mg	
	Calcium (Calcium Carbonate)	160 mg	
	Zinc (Zinc Oxide)	15 mg	

## HAEMATINICS – IRON SUPPLEMENT

Brand Name	Composition	Strength	Pack Size
<b>FER-C VIT</b>	Ferrous Sulphate (Iron)	220 mg	3x10's
<i>Haematinic fortified with Vitamin C</i>	Vitamin C (Ascorbic Acid)	100 mg	
	Vitamin B9 (Folic acid)	0.5 mg	
	Vitamin B12 (Cyanocobalamin)	25 mcg	

## GENERAL MULTIVITAMINS & MINERALS

Brand Name	Composition	Strength	Pack Size
<b>NEOVITAL</b>	Vitamin A (Synthetic Retinol Concentrate)	750 I.U	2 x 15's
<i>Antioxidant with Multivitamins &amp; Minerals</i>	Vitamin B1 (Thiamine Nitrate)	1 mg	
	Vitamin B2 (Riboflavin)	1.5 mg	
	Vitamin B3 (Nicotinamide)	20 mg	
	Vitamin B5 (Calcium Pantothenate)	5 mg	
	Vitamin B6 (Pyridoxine)	1 mg	
	Vitamin B9 (Folic acid)	0.5 mg	
	Vitamin B12 (Cyanocobalamin)	1 mcg	
	Vitamin C (Ascorbic Acid)	50 mg	
	Vitamin D3 (Colecalciferol)	125 IU	
	Vitamin E (Alpha Tocopheryl Acetate)	15 IU	
	Vitamin H (Biotin)	30 mcg	
	Betacarotene (Natural Mixed Carotenoids)	1 mg	
	Iron (Ferrous Fumarate)	10 mg	
	Selenium (Sodium Selenite)	25 mcg	
	Calcium (Calcium Carbonate)	125 mg	
	Copper (Copper Oxide)	2 mg	
	Iodine (Potassium Iodide)	150 mcg	
	Magnesium (Heavy Magnesium Oxide)	50 mg	
	Molybdenum (Sodium Molybdate)	25 mcg	
	Manganese (Manganese Sulphate)	5 mg	
	Chromium (Chromic Chloride)	25 mcg	
	Zinc (Zinc Oxide)	25 mg	
<b>IMMUNIX</b>	Vitamin A (Synthetic Retinol Concentrate)	1000 IU	2 x 15's
<i>Immunity Booster</i>	Vitamin B1 (Thiamine Nitrate)	20 mg	
	Vitamin B2 (Riboflavin)	10 mg	
	Vitamin B3 (Nicotinamide)	20 mg	
	Vitamin B5 (Calcium Pantothenate)	20 mg	
	Vitamin B6 (Pyridoxine)	20 mg	
	Vitamin B9 (Folic acid)	0.5 mg	
	Vitamin B12 ( <b>Methylcobalamin</b> )	1 mcg	
	Vitamin C (Ascorbic Acid)	100 mg	
	Vitamin D3 (Colecalciferol)	250 IU	
	Vitamin E (Alpha Tocopheryl Acetate)	30 IU	
	Vitamin H (Biotin)	50 mcg	
	Betacarotene (Natural Mixed Carotenoids)	2 mg	

	Iron (Ferrous Fumarate)	10 mg	
	Selenium (Sodium Selenite)	100 mcg	
	Calcium (Calcium Carbonate)	50 mg	
	Copper (Copper Oxide)	2 mg	
	Iodine (Potassium Iodide)	200 mcg	
	Magnesium (Heavy Magnesium Oxide)	50 mg	
	Molybdenum (Sodium Molybdate)	50 mcg	
	Manganese (Manganese Sulphate)	5 mg	
	Chromium (Chromic Chloride)	50 mcg	
	Zinc (Zinc Oxide)	25 mg	
<b>DELICEE</b>	<i>Each chewable tablet contains:</i>		25 x 4's
<i>Delicious Vitamin C Tablets 500mg</i>	Vitamin C (Ascorbic Acid)	220 mg	
	Vitamin C (Sodium Ascorbate)	280 mg	

## VITAMIN D3 SUPPLEMENTS

Brand Name	Composition	Strength	Pack Size
<b>D3 MAX - 1000</b>	Vitamin D3 Tablets	1000 I.U.	3x10's
<b>D3 MAX - 2000</b>	Vitamin D3 Tablets	2000 I.U.	3x10's
<b>D3 MAX - 5000</b>	Vitamin D3 Tablets	5000 I.U.	3x10's
<b>D3 MAX - 10000</b>	Vitamin D3 Tablets	10000 I.U.	3x10's
<b>D3 MAX - 50000</b>	Vitamin D3 Tablets	50000 I.U.	3x10's